



THE SCOPE OF MY FUTURE RESEARCH WORK

Denis Molchanov

My name is Denis Molchanov, I am 28 years old. I am an individual entrepreneur and the creator of the children's physical development center «UmFit" in Krasnodar.





I am a graduate of the Kuban State University of Physical Education, Sports and Tourism.

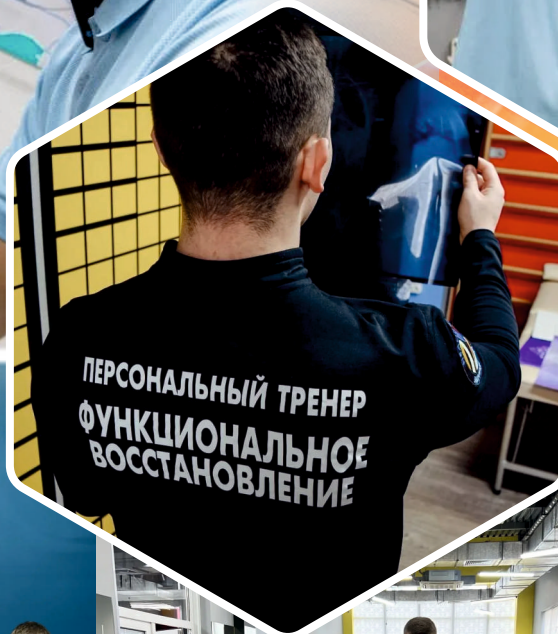
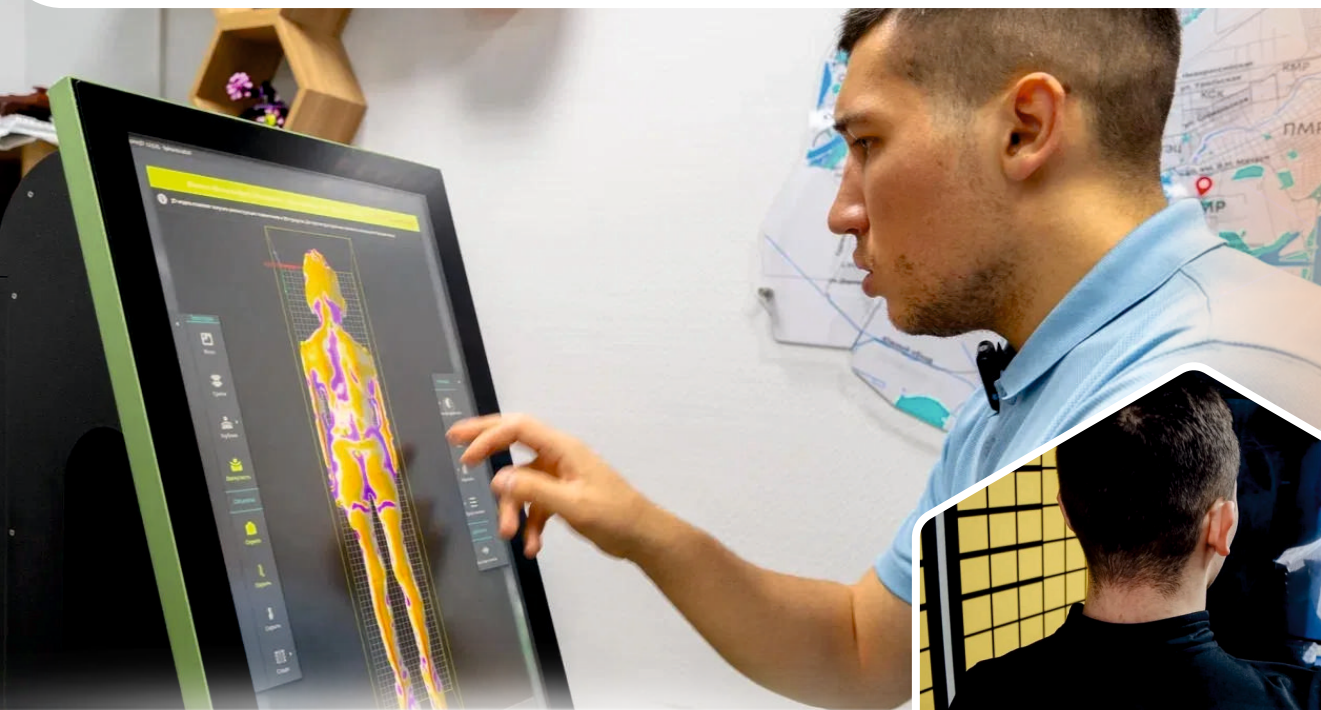
I have four degrees: bachelor's, master's, nutrition, and adaptive physical education.







I am interested in work that focuses not only on developing physical qualities, but also on maintaining human health.



I believe that a strong specialist should combine theory and practice. It is important not only to develop methods, but also to test them in real work.



In foot and posture research, 3D analysis, baropodometry, and video analysis of movements are particularly important. This allows you to see real-time data and create more accurate training programs.

